TAYLOR & COLLEDGE

Vanilla Smoothie Bowl



Preparation: 10 mins
Portions: 2-2 Portions

Ingredients

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1 Banana
150 g Fresh Mixed Berries frozen
100 g Greek Yoghurt
1 tsp Honey
about 50 - 100 ml Milk

Topping

30 g Berry Granola
50 g Fresh Mixed Berries e.g. strawberries, apple, banana
1 tbsp Chia Seeds
1 tbsp Coconut Flake

Preparation

1. Add the banana, frozen mixed berries, Greek yogurt, Taylor & Colledge Vanilla Bean Extract, and honey to a blender. Blend until smooth and creamy. If the mixture is too thick, gradually add milk until you reach your desired consistency.
2. Pour the smoothie mixture into two bowls. Arrange your favorite toppings such as granola, sliced fruits, chia seeds, and coconut flakes over the top.
3. Serve the Vanilla Smoothie Bowls immediately and enjoy a fresh and flavorful breakfast or snack.